

HOW TO REDUCE THE RISK OF GETTING THE VIRUS (COVID-19) WHILE DOING THE SHOPPING



It is safer to order products with the help of an online delivery service than doing the shopping on your own. But because of the high load of popular online supermarkets the waiting time for an order exceeds several weeks.

If you go to the shop by yourself, ...



Choose the time when the store is the least crowded.



Put on a medical mask when you enter the store.



Keep distance from other customers; try to stay away from people who sneeze or (and) cough.



Do not touch your mouth or your face with your hands.



Pay with a card which doesn't require any contact or use the application on your smartphone.



Use antiseptic gels and wash your hands with soap when you come back home.

If you order food to you home, ...



Pay your order by a card in advance.



Try to avoid any contact with a courier by asking to leave your order behind the door.

General precautions



Wash the plastic, metal or glass packaging with soapy water before putting them on the shelves.



Clean the table or other surface on which you place products.



Wash fruits and vegetables thoroughly using neutral soap, for example soap for kids.